HEAVEN HEALTH

Find your Halo size



A Halo that spins loose won't read your heart rate properly, so we size you first. Nothing is made until we know your number.

THE SUREST WAY

Try your free sizing kit

1

Reserve with "not sure"

Choose your finish and pick "not sure". We post your kit, free.

2

Wear it for a day and a night

Heat, exercise and the night all change your size, and the night is when your Halo does most of its work.

3

Tell us the size that fits

Between two sizes? Choose the smaller. We then make your Halo to that size.

THE QUICKEST WAY

Use the digital finger sizer

heaven-health.com /halo/size

Open it on your phone and hold any bank card beside the finger you'll wear Halo on. The camera measures your finger against the card and gives your size from the same factory chart as below.

Measure at the end of the day. Between two sizes, or not sure? The free sizing kit settles it.

OR

Measure it yourself



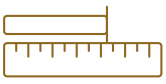
Wrap

At the end of the day, wrap a paper strip around the finger you'll wear it on.



Mark

Mark where the paper overlaps. It should be snug, and able to pass your knuckle.



Measure

Measure the length in millimetres, then find the nearest size in the chart.

US size	Inside diameter	Inside circumference
6	16.5 mm	52.0 mm
7	17.4 mm	54.5 mm
8	18.2 mm	57.1 mm
9	19.0 mm	59.8 mm
10	19.9 mm	62.3 mm
11	20.7 mm	64.9 mm
12	21.5 mm	67.3 mm
13	22.3 mm	69.9 mm

WHEN YOU KNOW YOUR SIZE

Reserve your Halo



1. Choose your finish: gold, black, silver, pink or white.
2. Choose your US size from 6 to 13, or "not sure".
3. Reserve. Nothing is charged today. We make your Halo to your size, then send your payment link.

Scan to reserve
heaven-health.com/#shop

PRINT AT HOME

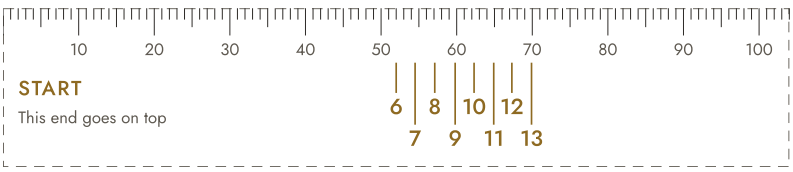
Your printable sizer

Print this page at **100% / Actual size**, with "fit to page" turned off, then check the bar below before you use it. No printer? Use the digital finger sizer on your phone: **heaven-health.com/halo/size**.

This bar should be exactly as long as the long edge of a bank card (85.6 mm). If it isn't, your print has been scaled and the sizes below won't be right.

PAPER STRIP

Cut, wrap and read your size



1

Cut along the dashed line. The strip must be cut straight.

2

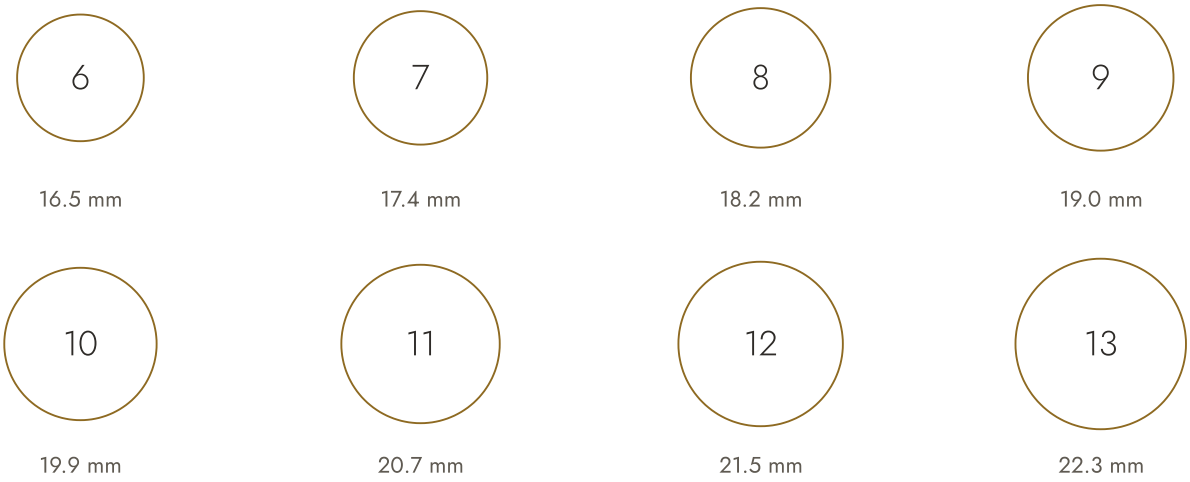
Wrap it around your finger, numbers facing out, with the START end on top. Snug, but able to pass your knuckle.

3

Read the size nearest to where the START edge lands on the scale. Do this at the end of the day.

RING CIRCLES

Or match a ring that already fits



Lay a ring you wear on that same finger over the circles. Your size is the circle whose line sits just inside the ring's inner edge. Halo has a wider band than most rings and can feel tighter, so treat this as a first guess and use the free sizing kit to confirm it.

How it should feel

Snug: firm enough not to spin freely, loose enough to slide off over your knuckle.

Between two sizes when measuring?

Paper is only a rough guide, so let the free sizing kit settle it. The digital finger sizer is at heaven-health.com/halo/size.